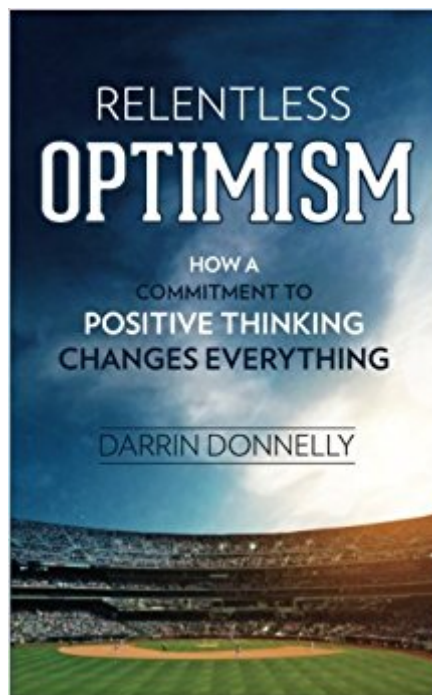




Ebook Directory
the best source of ebook

The book was found

Relentless Optimism: How A Commitment To Positive Thinking Changes Everything (Sports For The Soul) (Volume 3)



Synopsis

Studies prove that positive thinkers are happier, healthier, and more successful than everyone else. Discover the simple, proven techniques for becoming a more positive person... Positive thinking leads to positive outcomes. Study after study proves this. Researchers have found that optimistic people live longer, live healthier, have more energy, have more successful careers, make better decisions, are more productive, are less stressed, have healthier relationships, and (not surprisingly) are much happier than pessimists. However, a lot has been misunderstood about what it means to be a positive thinker and what it takes to maintain an optimistic mindset. It takes a lot more than repeating feel-good platitudes to make positive thinking work in your life. It takes discipline, commitment, and a proper understanding of what optimism really means in a world that is constantly throwing new challenges at us. This is a book for anyone who has ever questioned whether positive thinking really "works." It's also a book for those who have tried to develop a more positive attitude, but have found it difficult to eliminate the voices of fear, doubt, and cynicism. This is a book for anyone who wants to put optimism to work in their life with practical, proven techniques. In this inspirational fable, you'll meet Bobby Kane, a 31-year-old minor league baseball player who realizes his dream of making it to the majors is finally coming to a disappointing end. His dream, he believes, was not meant to be. That is, until Bobby meets an unconventional manager named Wally Hogan. More mental coach than baseball manager, Wally teaches Bobby that if you want to change your life, you have to first change your thinking. As you'll see in this book, developing a positive mindset gives Bobby a renewed chance to make his dreams come true—not just in baseball, but in all areas of his life. Wally teaches Bobby what it means to be an optimist and what it takes to maintain a positive attitude through the ups and downs of life. He teaches him proven, real-world techniques for building and sustaining optimism. These methods have an immediate impact on Bobby's life and they will have an immediate impact on yours as well. This book will show you just how powerful a positive attitude can be and it will teach you how to use positive thinking to make your biggest dreams come true.

Book Information

Series: Sports for the Soul

Paperback: 250 pages

Publisher: Shamrock New Media, Inc.; 1 edition (July 26, 2017)

Language: English

ISBN-10: 0692921834

ISBN-13: 978-0692921838

Product Dimensions: 5 x 0.6 x 8 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 9 customer reviews

Best Sellers Rank: #37,218 in Books (See Top 100 in Books) #8 in [Books > Sports & Outdoors > Coaching > Baseball](#) #28 in [Books > Sports & Outdoors > Baseball](#) #53 in [Books > Sports & Outdoors > Miscellaneous > Sports Psychology](#)

Customer Reviews

Another great addition to the Sport for the Soul series! These always come at the right time for me and Relentless Optimism is no different. It's just what I was looking for! Great read and will recommend to family and friends...and especially those who need the extra boost, like I did.

I have loved all three books in the Sports for the Soul series but this one is my favorite! This is the first book that I have read that teaches you what positive thinking really means. The very specific techniques for how to make positive thinking work in your life is what put this book over the top for me. I really think this book is a life changer! By the way, I loved Wally!

The most thorough and easy to understand book on positive thinking. It was a fast read that kept producing different and interesting lessons to reinforce how positive mindset changes every situation to your advantage. This book goes deeper into the subject of optimism than any other self help book I have read. Very powerful - highly recommend.

Another classic from Darrin Donnelly! I've read all his books and they are AWESOME!

A great way to read about self help through a fictional good story. Positive thinking is not as common as it should be, and to some, it may sound corny. But I truly believe it's the best fix to any of life's craziest things it throws at you. Enjoyed the bold text when coach Wally walked us through these teachings.

Excellent encouragement to pursue success! Very happy that I've read this series. Looking forward to the changes I'll be making.

Such an amazing read! Highly recommend all three of Darrin Donnelly's books.

Definitely something that hits home with anyone who has trouble seeing that the glass should always be half full and not half empty.

[Download to continue reading...](#)

Positive Thinking: 50 Positive Habits to Transform your Life: Positive Thinking, Positive Thinking Techniques, Positive Energy, Positive Thinking,, Positive ... Positive Thinking Techniques Book 1) Relentless Optimism: How a Commitment to Positive Thinking Changes Everything (Sports for the Soul) (Volume 3) Relentless Optimism: How a Commitment to Positive Thinking Changes Everything (Sports for the Soul Book 3) I Am Positive: 31 Daily Positive Affirmations For a Positive Soul Positive Thinking: Conquer Negativity and Maximize Your Potential; Strategy Guide to Permanently Conquer Negativity and Negative Self-Talk With the Power of Positive Thinking Positive Thinking: 37 Keys to Maximizing Your Life- Affirmations, Motivation and Achieving Success (Positive Thinking, motivation, affirmations) CRITICAL THINKING: A Beginner's Guide To Critical Thinking, Better Decision Making, And Problem Solving ! (critical thinking, problem solving, strategic thinking, decision making) The Power of Positive Energy: Powerful Thinking, Powerful Life: 9 Powerful Ways for Self-Improvement,Increasing Self-Esteem,& Gaining Positive Energy,Motivation,Forgiveness,Happiness ... Happiness, Change Your Life Book 1) Chicken Soup for the Soul: Think Positive: 101 Inspirational Stories about Counting Your Blessings and Having a Positive Attitude Positive Options for Children with Asthma: Everything Parents Need to Know (Positive Options for Health) A Positive Attitude is Everything: Tips to Becoming More Positive and Feeling Better Every Day (Changing Your Attitude, Find Your Purpose, Life-Changing Attitudes, Choose Your Attitude) Skateboarding: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Football: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) Hockey: How It Works (Sports Illustrated Kids: the Science of Sports) (The Science of Sports (Sports Illustrated for Kids)) The Power of Positive Energy: Everything you need to awaken your soul, raise your vibration, and manifest an inspired life All the Right Changes: The Best Chord Changes and Substitutions for 100 More Tunes Every Musician Should Know Significant Changes to the 2006 International Fire Code (Significant Changes to the International Fire Code) Positive Options for Colorectal Cancer, Second Edition: Self-Help and Treatment (Positive Options for Health) Positive Options for Living with COPD: Self-Help and Treatment for Chronic Obstructive Pulmonary Disease (Positive Options for

Health) Positive Options for Living with Lupus: Self-Help and Treatment (Positive Options for Health)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)